



**B.V. Patel Institute of Management,
Uka Tarsadia University**



Date: 10-04-2024

Session on awareness of Dysmenorrhea & PCOS

Objectives of the Session: The primary goal of this session was to make female students of FY aware of PCOS.

Outcome of the session: By at the end of the session, students acquired knowledge on the concept of Dysmenorrhea and PCOS and measures to manage & prevent them.

Date	10-04-2024
Time	9:30 am to 11:30 am
Venue:	Room No 5, BVPIM
Speaker	Ms. Kajol Vasava, Final Year Student of M.Sc. Nursing
Class:	FYBBA - girls
Coordinator	Ms. Bhavna Patel
Category	Student Development Cell

An awareness session was organized for the female students of FYBBA on 10th April, 2024 on PCOS (Polycystic Ovary Syndrome) and Dysmenorrhea. Around 60 female students attended the session from 9:30 am to 11:30 am. Ms. Kajol Vasava oriented them regarding the concept of adolescent gynecology and menstruation. Dysmenorrhea and PCOS are the conditions faced by many females and they suffer due to their ignorance. The students were made aware on the meaning and types of dysmenorrhea as well as causes and symptoms of PCOS. Ms. Kajol also explained how diagnosis of both dysmenorrhea and PCOS is done, followed by measures to manage and prevent the pain and suffering caused by them. She concluded the session suggesting few medications and throwing light on the complications caused by them. The pictorial presentation was effective to reach to the understanding of the students and making them aware of the medical conditions.

Few Glimpses of the Event:

